

THE 4 P'S

4 P's for Substance Abuse

1. Have you ever used drugs or alcohol during **P**regnancy?
2. Have you had a problem with drugs or alcohol in the **P**ast?
3. Does your **P**artner have a problem with drugs or alcohol?
4. Do you consider one of your **P**arents to be an addict or alcoholic?

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4 P's for Domestic Violence

1. Have you ever been hit or hurt by your partner during **P**regnancy?
2. Has your (*current or former*) partner been violent or abusive in the **P**ast?
3. Does your (*current or former*) **P**artner have a problem with violence or abuse now?
4. Do you consider one of your **P**arents to be violent or abusive?

Adapted by P. Bland from the 4 P's alcohol and other drug screening tools developed by H. Ewing, Medical Director, Born Free Project.

Remember to ask direct questions tactfully and respectfully!

*These questions may help advocates and other providers identify accommodation needs for people using services. Answers to these questions are **NOT** used to screen people out. They are provided to help advocates assist individuals addressing safety or health risks stemming from multiple abuse issues. To ensure confidentiality, do not include answers to these or other assessment questions in an individual's file.*